

The Routledge international handbook of military psychology and mental health

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Note sur le contenu : PART I -Military Psychology: The Roots and the Journey Military Psychology in War and Peace: An Appraisal / Swati Mukherjee and Updesh Kumar War, Peace and the Military in Biblical and Ancient Greek Societies / Matthew B. Schwartz and Kalman J. Kaplan Four Stages in the Evolution of Military Enlisted Testing / Michael G. Rumsey Polemology: Orphan of Military Psychology / Jacques J. Gouws The Application of Culture and Cognition within a Military Context / Faizan Imtiaz, Mark Khei, and Li-Jun Ji Military Psychology and the Fourth Industrial Revolution: Implications for the South African National Defence Force's Directorate Psychology / Petrus C. Bester War of the Future and Prospective Directions of Military Psychology / Alexander G. Karayani Ethical Issues in Military Psychology: Promoting International Ethical Readiness / Thomas E. Myers and Shane S. Bush PART II Soldiering: Deployment and Beyond Shaping Military Leaders: Role of Character Strengths and Virtues / Archana, Samridhi Ahuja and Updesh Kumar Posttraumatic Growth in Military Populations: Theory, Research, and Application / K.C. Kalmbach and Bret A. Moore Building Resilience and Hardiness in

Military Leaders -Robustness Training Programs of the German Army / Oliver Krueckel, Annett Heidler, Nicola von Luedinghausen, Markus Auschekis and Matthias Soest Sustainable Team Leadership: Social Identity and Collective Leadership for Military and Society / António P. Rosinha, Hermes Andrade Junior and Marcos Aguiar de Souza The Physical Bravery Study: Findings and Implications for Small, Innovative Research Studies with Military/Veteran Populations / Kristen J. Vescera, Jacie Brown, Catherine Hausman, and Bruce Bongar Military Recruiting in the United States: Selection, Assessment, Training, Well-being, and Performance Coaching / Steven V. Bowles, Bettina Schmid, Laurel K. Cofell Rashti, Susan J. Scapperotti, Tracy D. Smith, Paul T. Bartone and Peter Mikoski Validity Assessment in Military Psychology / Noah K. Kaufman and Shane S. Bush Reintegration and Military Family Health: Military Training and its Relationship to Post-Deployment Role Conflict in Intimate Partner Relationships / E. Ann Jeschke, Jessica M. LaCroix, Amber M. Fox, Laura A. Novak, and Marjan Ghahramanlou Holloway Lone Wolf Terrorism / Bruce Bongar, Anna Feinman, and Renata Sargon Why Do They Leave? A Conceptual Model of Military Turnover / H. Canan Sümer and Ipek Mete Transition from Military to Civilian Life / Harprit Kaur and Swati PART III Making a Choice: Mental Health Issues and Prospects in the Military Militaries' Burnout and Work Engagement: A Qualitative Systematic Literature Review / Maria José Chambel, Silvia Lopes, Filipa Castanheira and Carolina Rodrigues-Silveira Stress, Burnout and Coping in Military Environment / Yonel Ricardo de Souza and Fabio Biasotto Feitosa Stress Experiences and Abilities to Cope: Civil Population versus Military Personnel / Vijay Parkash Military Related Mental Health Morbidities: A Neurobiological Approach / Shobit Garg and Jyoti Mishra Pandey Clinical Health Psychology Applications in Military Settings / Ryaja Johnson and Larry C. James Suicide Prevention Strategies in Military Populations / Marissa N. Eusebio, Abigale Brady, and Bruce Bongar Military Sexual Trauma and Suicidal Self-Directed Violence: A Narrative Review and Proposed Agenda for Future Research / Lindsey L. Monteith, Ryan Holliday, Tim Hoyt and Nazanin H. Bahraini Understanding Suicide among Female Veterans: A Theory-Driven Approach / Lindsey L. Monteith, Ryan Holliday, Diana P. Brostow and Claire A. Hoffmire Resilience and Stress in Military Combat Flight Engineers / Reoot Cohen-Koren, Dror Garbi, Shirley Gordon, Nirit Yavnai, Yifat Erlich Shoham and Leah Shelef Family Based Psychological Interventions: A Heuristic Approach / Jyoti Mishra Pandey and Shobit Garg Chronic Disease Risks and Service-Related Post-traumatic Stress Disorder in Military Veterans / Jeanne Mager Stellman and Steven D. Stellman Neurotransmitter and Neurotrophic Biomarkers in Combat Related PTSD / Gordana Nedic Erjavec, Matea Nikolac Perkovic, Dubravka Svob Strac, Lucija Tudor and Nela Pivac Neuroendocrine and Immune Biomarkers of PTSD in Combat Veterans / Nela Pivac, Marcela Konjevod, Marina Sagud, Suzana Uzun, and Oliver Kozumplik Moral Injury in Service Members and Veterans / Sheila Frankfurt, Alanna Coady, Breanna Grunthal, Stephanie EllicksonLarew and Bret T. Litz Student Service Members/Veterans' Mental Health on Campuses: Risk and Resources / Dan Nyaronga Resilience and Clinical Issues in Survival Behaviour under Isolation and Captivity / Vasile Marineanu

Résumé ou extrait : "This uniquely interdisciplinary volume deliberates upon the current issues and applications of military psychology not only within the military organization and the discipline of psychology, but also in the larger context of its role of building a better world. Split into three parts dedicated to specific themes, the first part of the book, 'Military Psychology: The Roots and the Journey' provides an overview of the evolution of the discipline over the years, delving into concepts as varied as culture and cognition in the military, a perspective on the role of military psychology in future warfare and ethical issues. The second part, 'Soldiering: Deployment and Beyond', considers the complexities involved in soldiering in view of the changing nature of warfare, generating a focal discourse on various aspects of military leadership, soldier resilience and post-traumatic growth in the face of extreme

situations, bravery and character strengths and transitioning to civilian life. In the final section, 'Making a Choice: Mental Health Issues and Prospects in the Military', the contributors focus on the challenges and practices involved in maintaining the mental health of the soldier, covering issues ranging from stress, mental health and well-being, through to suicide risk and its prevention, intervention and management strategies, moral injury and post-traumatic stress disorder." (4e de couv.)

Sujet - Nom commun : Psychologie militaire

Guerre -- Psychologie

Combat -- Aspect psychologique

Soldats -- Santé mentale

Hygiène militaire

Guides