

Art therapy with military veterans

Type de contenu : Texte

Type de médiation : sans médiation

Type de support : Volume

Titre(s) : Art therapy with military veterans : trauma and the image / edited by Janice Lobban

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Publication : London New York (N.Y.) : Routledge, 2018

Description matérielle : 1 vol. (XIV-234 pages-[6] p. de pl.) : ill. ; 24 cm

ISBN : 978-1-138-65454-9

1-138-65454-X

978-1-138-65455-6

1-138-65455-8

EAN : 9781138654556 br.

Classification décimale Dewey : 616.891 656

355.001 9

616.852 12

Note sur les bibliographies et les index : Bibliographie en fin de chapitres. Index

Résumé ou extrait : La 4e de couv. indique : "This book provides a comprehensive framework for understanding and applying art therapy with former and serving armed forces personnel who have Post-Traumatic Stress Disorder (PTSD). It brings together experienced contributors in one volume to provide the range of information essential to those seeking to understand the complexities of working in this context. In recent years, art therapy has received increasing attention as a promising treatment for veterans with PTSD. This cutting-edge book provides vital background information on PTSD, military culture and mental health provision, and an effective art therapy working model. The text explores creative partnerships with other disciplines, in different settings, and includes first-hand accounts from veterans about the role art therapy has played in their recovery. This accessible book is a timely response to growing recognition of the value of art therapy with veterans, and it also addresses issues relevant to the wider population of people whose lives have been detrimentally affected by trauma."

Sujet - Nom commun : Syndrome posttraumatique

Art-thérapie

Anciens combattants -- Soins