

## **Lessons in the art of war**

Type de contenu : Texte

Type de médiation : sans médiation

Type de support : Volume

Titre(s) : Lessons in the art of war : martial strategies for the successful fighter / Martina Sprague

Auteur(s) : Sprague, Martina (1963-....)

Publication : Tokyo [etc.] : Tuttle publishing

Date de copyright : C 2011

Description matérielle : 1 vol. (223 p.) : ill. ; 21 cm

ISBN : 0-8048-5651-6

978-0-8048-4097-2

EAN : 9780804840972 rel.

Classification décimale Dewey : 355.02

Note sur les bibliographies et les index : Bibliogr. p. [218]-223. Notes bibliogr.

Résumé ou extrait : Become a Better Martial Artist by Applying Lessons from the World's Greatest Military Strategists from Sun Tzu to Von Clausewitz Lessons in the Art of War investigates the theories and philosophies of the most prominent military thinkers in Asia and Europe and examines the combat roots of a variety of fighting styles from traditional Chinese, Japanese, and Korean martial arts to the fighting arts of the ancient Greeks and modern Israelis. It also demonstrates how the martial arts, whether Asian or Western in origin, were historically about brutal fighting, often to the death, and how ancient attitudes and beliefs can be adapted for success in today's MMA steel cage, judo or karate tournament as they were in ancient armies.

Sujet - Nom de personne : ?????????, ??? ? (1780-1831)

Sun, Zi (06.-..... av. J.-C.), philosophe

Sujet - Nom commun : Art et science militaires -- Philosophie

Stratégie

Orient et Occident

Arts martiaux -- Philosophie

Combat

État de préparation opérationnelle (science militaire)